

# Not So Friendly Skies

## Proposed Flightpath Threatens the San Lorenzo Valley



Photo by Sean McLean

### SLV Residents Move to Stop Proposed Jet Flightpath

by Mary Andersen

A new flight path has Happy Valley and Los Gatos/Saratoga residents angry and eager to move it to the San Lorenzo Valley. Some claim that, since their homes are worth more than ours, the path should be shifted out of their neighborhoods and onto ours.

We already have a flight path. It's called BIGSUR, or BSR, and it routes over downtown Santa Cruz, Pasatiempo, west Scotts Valley, north through SLV to the Summit Skyline area, to San Francisco International Airport (SFO). This path is still in use today and supports older aircraft not equipped with satellite navigation.

In March 2015 the FAA, as part of their Next Generation Air Transportation program (NextGen), implemented a new path, called SERFR, which travels from the coast at Capitola, over Happy Valley and Los Gatos summit towards SFO. This path was designed to accommodate a wide range of aircraft with satellite navigation capabilities. SERFR is low, loud, and concentrated. The FAA says they can fix that.

Neighborhoods under SERFR lodged thousands of complaints. With the assistance of Congressman Sam Farr they organized Save Our Skies Santa Cruz and were later joined by Quiet Skies NorCal. They created a proposal for a new flight path, called DAVYJ, over the City of Santa Cruz, SLV, and communities in Santa Clara and San Mateo counties. Keep in mind, this new path would be in addition to the BSR flight path we already have. The proposal was endorsed by Farr and 1<sup>st</sup> District Supervisor John Leopold.

Community groups from the coast to the airport rejected the Quiet Skies NorCal proposal noting that it eliminated noise for those under SERFR by increasing noise and airplane traffic for communities under the proposed new DAVYJ flight path. In addition, DAVYJ was offered up as the only solution, when in fact other proposals submitted by groups closer to the airport were ignored.

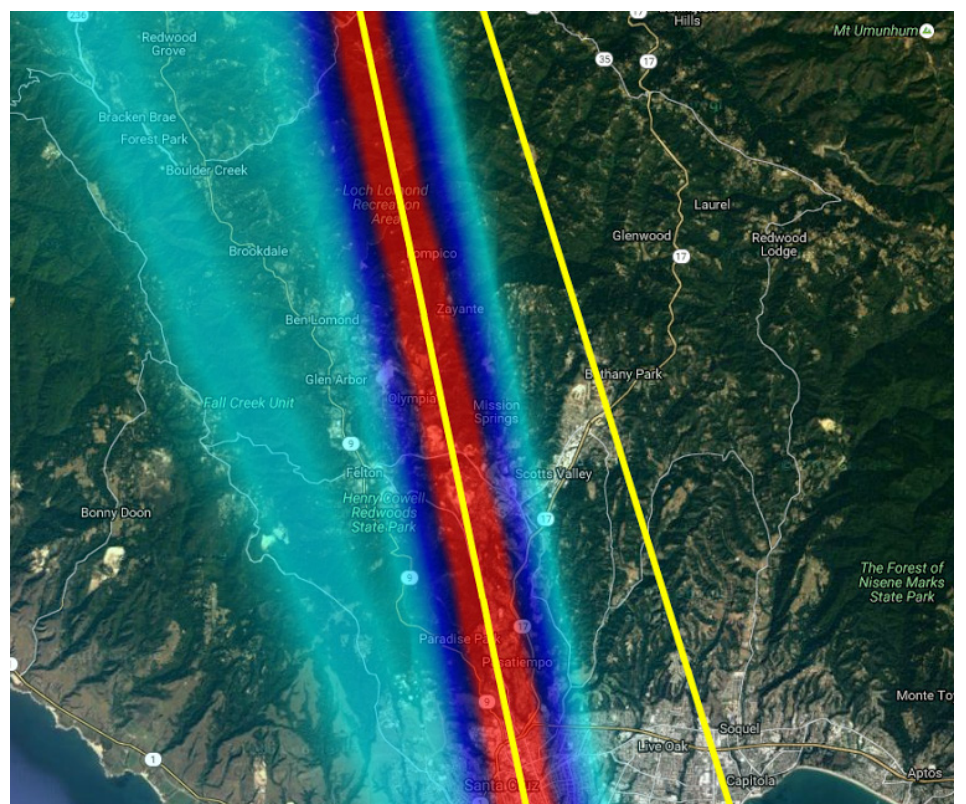
In March, Supervisor Leopold wrote that the proposal constituted a "regional solution" that had been "worked on by all community groups throughout the area." Congressman Farr stated in his newsletter that he hand-delivered the Quiet Skies NorCal proposal to Michael Huerta, Administrator of the FAA, assuring him that it was "the ideal solution." Both assertions were false - residents under the proposed DAVYJ flight path in Santa Cruz and SLV were neither informed nor invited to provide input.

In April, Congressional Representatives Anna Eshoo, Jackie Speier, and Sam Farr

appointed 12 elected officials (+12 alternates) to a Select Committee on SFO Arrivals. Their charter has been to analyze items labeled "feasible" by the FAA, accept community input, and report to Congress with a set of recommendations. When the FAA released their study in May, Santa Clara and San Mateo County community groups were frustrated to see that their recommendations were not included. Only suggestions from Quiet Skies NorCal were addressed including the flight path shift to SLV. And the FAA made clear that, while feasible, DAVYJ would be similar to SERFR in its noise impact to SLV. It would be lower, louder, and more concentrated than any flight path we had experienced in the past. The Select Committee asked why DAVYJ was the only option presented. The FAA said that DAVYJ was the only option offered by Congress. To their credit, the Select Committee is open to other options.

As you might expect, the issue is a political football. In Santa Cruz County SERFR lies primarily in Congressman Farr's and Supervisor Leopold's districts. Both SERFR and the proposed DAVYJ are in Supervisor Bruce

**CONTINUED ON PAGE 15**



Proposed flightpath over the SLV. Photo courtesy of Alastair Fyfe, Ben Lomond.

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## Major Revisions Made to County Cannabis Registration Program

by Jim Coffis

Saying her goal was to “make this work for everyone,” County CAO Susan Mauriello directed her staff to significantly reduce the paperwork required for cultivators to register their intent to seek a license from the County.

The \$3500 registration fee will also likely be reduced to reflect less cost to the county to process.

Among the changes will be an elimination of the Live Scan and the very detailed background information request as well as a number of the other forms that were originally included in the August 8 rollout. A new registration form is being finalized and should be available by the end of the month. Deadline for registration remains November 6.

Mauriello emphasized that much of the information sought was to establish a baseline of data for use in determining the potential environmental impact of the proposed new ordinance. In addition, she said the County’s goal was to provide applicants with information about the new rules so that they could ensure they were in compliance or were in the process of becoming compliant to be eligible for local licensing in time to seek a state license when they become available in 2018.

“Cultivators need to understand that there may be a number of hurdles they will need to overcome in order to obtain a local license and we want to give them the time and information they need to be ready.” said Mauriello.

While admitting that things will be probably be “a little weird” for a year - cultivators need to remain compliant with the existing ordinance even as they submit applications for operations under a new proposed ordinance - Mauriello encouraged anyone who is eligible and considering becoming a licensed cultivator in the future to register. “We are not going to deny anyone a registration. We will tell them where they may be deficient or if they need to move their operation.”

A number of workshops to answer questions and assist cultivators with the registration process will be held throughout the County including one in Felton on Wednesday, September 7 between 4:00 – 5:30 pm at the Community Hall.

Contact Jim Coffis (jcoffis@gmail.com) for more information.

## Boulder Creek Rec & Park Move Forward with Purchasing Bear Creek Country Club

by Rachel Wooster

Back in June, Boulder Creek Rec and Park District had a public hearing to see if there was interest in them purchasing a new facility on Bear Creek Road. Fifty percent of the attendees were from the neighborhood the facility is in and shared their concerns with access issues and increased traffic. On the whole the hearing was positive, and given that response, the district moved forward with an offer. They have been in negotiations ever since - they don’t know how many other offers there are, and the purchase is not a done deal yet. The current owner, Mary Beth Patterson, has been working with the district and has been quite patient. They are hoping to have an answer in the coming days or weeks.



Proposed Property for Boulder Creek Rec and Park

What does this facility offer that the district didn’t already have? The big items are a pool, additional 5,600 square foot facility, 6.88 acres of land, and would give the community a lot of what they have been asking for over the years. The facilities were built in the 1960s and include a clubhouse, poolside building, tennis Pro Shop building, large pool, hydro spa, sauna, four tennis courts, basketball court, volleyball court, three shuffleboard courts, picnic and BBQ area, and is home to a 2,000 year old redwood tree surrounded by forest. Those living in the area are hoping the district is successful in their offer and that it stays a public venue. Currently just the clubhouse is public and is only open seasonally.

Why is this facility up for sale? The current owner is in her 70s and her husband passed away last September. Her husband ran the facility in the 1980s and 1990s, and it is just too much for her to run on her own.

What are the risks? The district’s current operating budget is \$332,000 and the estimate to operate the new facility is an additional \$180,000. The property also needs some work, such as upgrades to allow for disability access and roof repairs are the biggest items on the list. The increased operating costs would be supported by a mix of grants, fundraising, and membership fees.

The property is 2.6 miles from the district’s current downtown location, which they will be keeping. If their purchase is successful, they will be running it as they do their downtown location, and it will be a public entity.

More information: [http://mountainbulletin.com/event/2016-06-23\\_bc-parks-rec-community-meeting/](http://mountainbulletin.com/event/2016-06-23_bc-parks-rec-community-meeting/)

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## Cabrillo College Course Offered at SLV High School

by Bruce Holloway

At the August meeting of the Cabrillo College board of trustees, there was discussion of English and math courses to be taught at San Lorenzo Valley High School. As academic years for both schools begin, only one course is being offered with no plans for more.

Dr. Rachel Mayo, dean of education centers at Cabrillo, told the board the courses were planned for this year. The courses would be non-transferable, meaning they won't count as credit toward a college degree. A chronic problem in higher education is that many first-year students are unprepared in either English or math for college-level study.

The hope is that by offering remedial college courses in high school, students will be better prepared when they enter college. The board presentation indicated that the program would be expanded to other high schools in the county. Donna Ziel, a Cabrillo trustee from Ben Lomond, emphasized, "SLV is first."

Ziel asked whether the courses would be taught in the afternoon, outside of high school hours. Mayo told the Cabrillo board they would be in the morning. SLVHS is renting a room to Cabrillo and the faculty is from Cabrillo. The idea is to have a north county center for Cabrillo since its Scotts Valley center was closed.

The course offered is Math 152, one semester covering approximately the same material as SLVHS's Math 3, an 11th-grade course which replaced what used to be known as Algebra 2. Math 152 meets on Tuesday and Thursday for over two hours overlapping periods 0, 1, and 2 at SLVHS. Most students are from Cabrillo and few or none are from SLVHS.

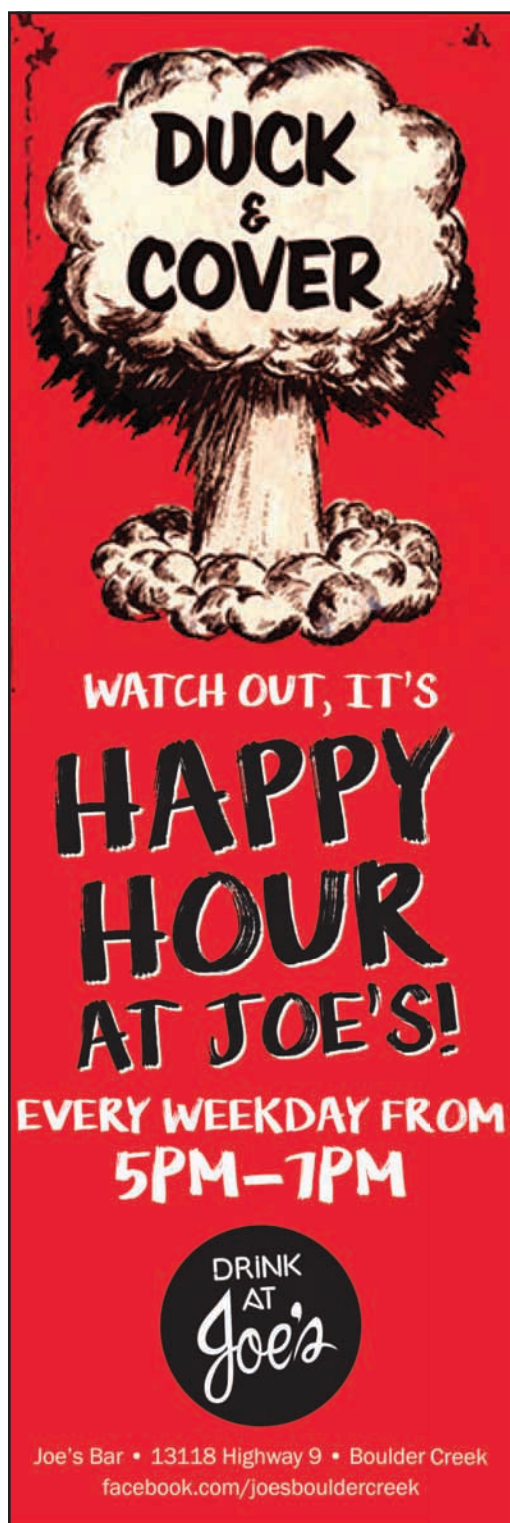
SLVHS students take high school courses during periods 3, 4, 5, and 6, which each last nearly one hour. Math 152 is in Room J1, adjacent to student parking, so adult students need only enter the high school campus periphery.

Mayo told the Cabrillo board the minimum state requirement for high school attendance is 220 minutes per day. But California Education Code section 46141 says, "The minimum schoolday in a high school is 240 minutes..." Section 46142 says the number of minutes in two consecutive schooldays can be averaged to achieve that minimum.

SLVHS has long offered advanced placement courses in English, American history, world languages, math and sciences. Those are taught by SLVHS teachers and allow students to earn first-year college credit if they score well enough on an AP exam at the end of the course.

The Planning Guide for College on the SLVHS website says, "Students may not take a class at Cabrillo that is offered at SLVHS. The intent of students being allowed to take courses at Cabrillo is to extend, not replace, the high school experience."

Sources said Math 152 wasn't on the master schedule for SLVHS so students didn't know about it. Due to lack of communication between the old and new SLVHS principals, no further courses are currently planned. However, evening courses might be offered in spring semester or next school year.



# Valley Business

## Flow Boulder Creek - Yoga and Wellness Collaborative

by Julie Horner

Westering sunlight filters through diaphanous drapery, warming the newly re-finished floorboards to a honeyed hue. The expanse is immediately welcoming and calm, the subtle, provocative scents of a well-loved old building mingling with hints of lavender and spice. Meditative ethnic devotional music instantly melts the day's cares.



April and yoga practitioners at Flow on opening day

Positive energy seems to have settled upon the south end of downtown Boulder Creek, now with the grand opening, September 10, of Flow Boulder Creek Yoga and Wellness Collective in the sunny yellow building between the former Boulder Creek Brewery building and Ace Hardware. April Winona Levine and Adam Tracy Mendoza opened the space as a wellness collaborative offering yoga, meditation, and massage. Adam says, "We provide a place for artists, teachers, and practitioners to gather."

Yoga is the first component. They've started by offering 3 to 4 classes a day, Monday through Sunday, with local teachers and new teachers from Santa Cruz teaching all levels. Adam says the backstory is really kind of remarkable. "April finished her yoga training - an amazing journey - now what do you do?" You open your own yoga studio.

"Our grand opening day was nothing short of magical," April says. She calls yoga a labor of love, and her journey through yoga inspires Adam. "We have a lot of great plans. We want to bring in other components, a juice bar, a vegan snack shop and other ideas to support wellbeing." Cacao, superfoods, easy recipes you can make from home. "I would love to have some community synergy with New Leaf. We'd like to have a café here."

The main area is a yoga floor that accommodates up to 20 people for classes. They are interviewing massage therapists now.

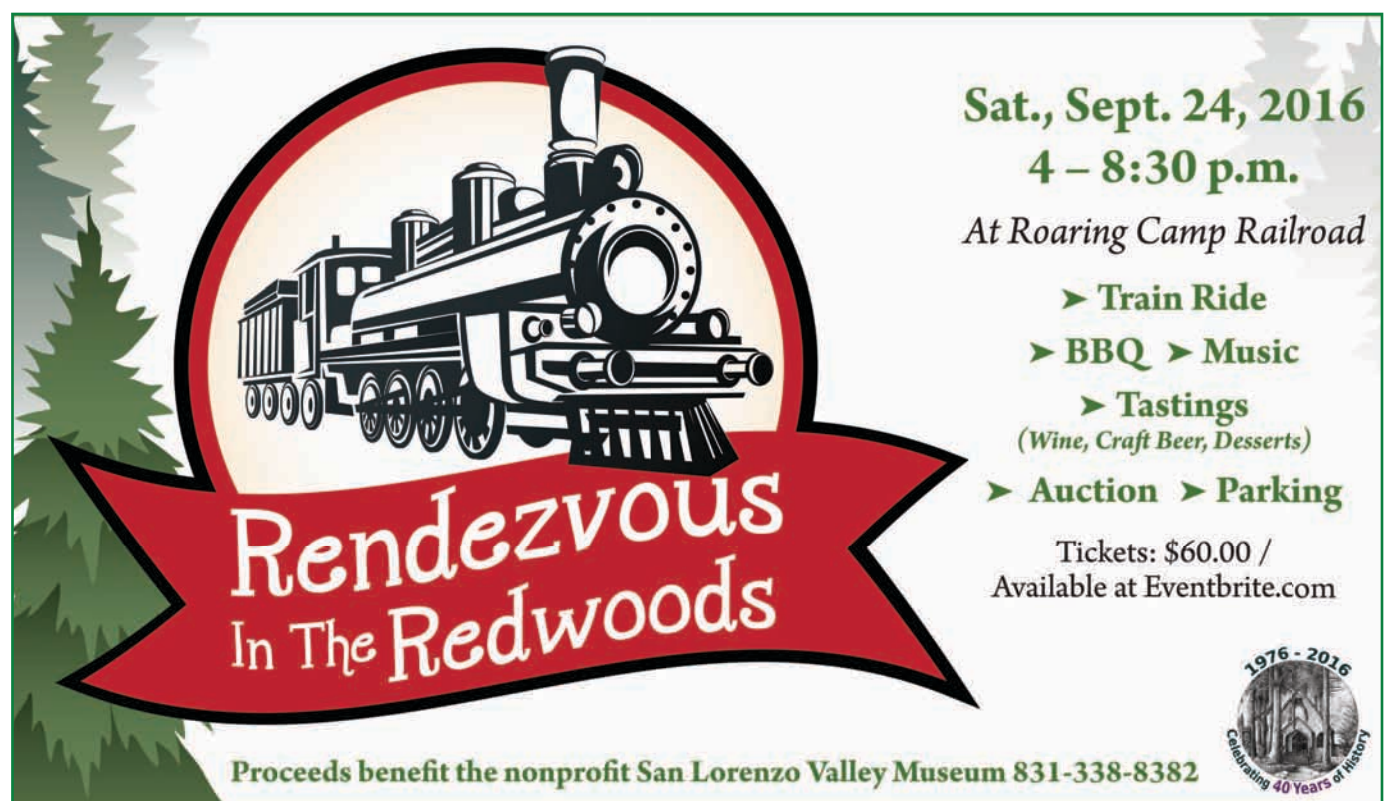
Adam says, "Practitioners can come and have the space. Our success will depend on our partners. Without getting too globally out there, we need to start healing, start small. It starts at the community level and branches out. We're charged by that. Whether it's one person or a group of people, singers, musicians, having a sense of space is so important...that's the tool we're offering."

"We want to grow to be a viable resource for wellness in SLV." They see youth mentoring, peer counseling, healing and learning going hand in hand. They plan to have after school activities for the little kids and welcome SLVHS and UCSC students. "Growing spiritually, it's a learned activity, it's not a get well quick thing, it's tools to help people on the path."

They also offer an open mic series on Fridays in addition to Saturday night acoustic music in the garden. Saturday nights are already booked through early October with local acoustic artists.

Flow Boulder Creek is open every day of the week for a variety of classes including many styles of yoga and meditation. Reiki sessions are available Mondays, Tuesdays, Thursdays, and Sundays. Adam says, "We offer a variety of classes to suit all your wellness interests. It's an open door and an open invitation. We offer rejuvenation, healing, and most yoga offerings will be for all levels, focusing on centering and grounding." "And it's a cool hang, too. Being amongst people who are just alive. This is a great place for Flow. This is our tribe. We're going to have an amazing time."

Flow Boulder Creek, 13026 Highway 9 - (831) 703-4727 - flowboulder creek.com



## November Ballot Preview

This November, 34 seats in the Senate and all 435 seats in the House of Representatives are up for election, that's 88% of Congress. Also up for grabs, 20 seats (a third of the total body) in the California State Senate and all 80 seats of California State Assembly, plus a number of local offices, local ballot measures, and state ballot measures. We also have some fast approaching deadlines. Here is a list of important dates and local items to be on November's ballot.

For the full list including state and federal items, see the online version of this article: [mountainbulletin.com/elections/](http://mountainbulletin.com/elections/)

### Important Dates

- September 24: State Voter Guides are available
- September 29 – October 18: County Voter Guides are mailed
- October 11: Last day to register to vote and receive a sample ballot
- October 24: Last day to register to vote
- November 5 & 6: Weekend voting from 9:00 am – 5:00 pm at Santa Cruz County Elections Department
- November 8: Election Day, Presidential General Election, 7:00 am – 8:00 pm.

### What's On the Ballot

- President and Vice President
- U.S. Senate Seat to replace retiring Barbara Boxer
  - Loretta L. Sanchez
  - Kamala D. Harris
- U.S. Representative 18<sup>th</sup> District
  - Anna G. Eshoo (incumbent)
  - Richard B. Fox
- State Senate 17<sup>th</sup> District
  - Bill Monning (incumbent)
  - Palmer Kain
- State Assembly 29<sup>th</sup> District
  - Sierra Roberts
  - Mark Stone (incumbent)
- School District - Scotts Valley
  - Kim Shultz
  - Michael Shulman
  - Cathie Simonovich
  - Sue Roth
  - Sue Rains
  - Farah Galvez Theissen
  - Corey Warner
  - Roger L. Snyder
  - Gia Schwartz
  - Stephanie Espinola
- City Council – Scotts Valley
  - Jack Dilles
  - Rosanna Herrera
  - Donna R. Lind (incumbent)
  - Dene Bustichi

- Randy Johnson
- Fire Protection Districts - SV
  - Phillip Witt
  - Arthur E Smith (incumbent)
  - Alan L. Smith (incumbent)
  - Russ Patterson
  - Daron L. Pisciotta
  - Shawn Mosley
- Water Districts - SLV
  - Bill Smallman
  - Randall C. Brown (incumbent)
  - Margaret V. Bruce (incumbent)

### County Measures

- County Transportation Tax Measure
- County Cannabis Business Tax Amendment
- Boulder Creek Fire Protection District funding
- Zayante Fire Protection District

### State Measures

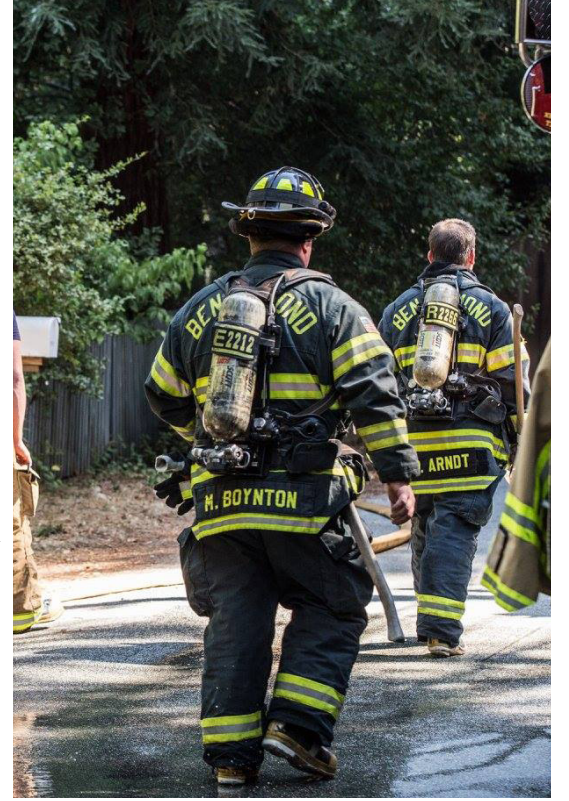
- Proposition 51 - School Bonds, Funding for K-12 School and Community College Facilities
- Proposition 52 - State Fees on Hospitals, Federal Medi-Cal Matching Funds
- Proposition 53 - Revenue Bonds
- Proposition 54 - Legislature and Proceedings
- Proposition 55 - Tax Extension to Fund Education and Healthcare
- Proposition 56 - Cigarette Tax to Fund Healthcare, Tobacco Use Prevention, Research, and Law Enforcement
- Proposition 57 - Criminal Sentences, Juvenile Criminal Proceedings and Sentencing
- Proposition 58 - English Proficiency, Multilingual Education, Initiative Statute
- Proposition 59 - Corporations, Political Spending, Federal Constitutional Protections
- Proposition 60 - Adult Films, Condoms, Health Requirements
- Proposition 61 - State Prescription Drug Purchases, Pricing Standards
- Proposition 62 - Death Penalty
- Proposition 63 - Firearms, Ammunition Sales
- Proposition 64 - Marijuana Legalization
- Proposition 65 - Carry-Out Bags
- Proposition 66 - Death Penalty, procedures
- Proposition 67 - Referendum to Overturn Ban on Single-Use Plastic Bags

## Santa Cruz Mountains Local News Roundup

For breaking news throughout the month, follow us:  
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[facebook.com/SantaCruzMountainBulletin](https://facebook.com/SantaCruzMountainBulletin)

### Highway 236 Repaving Project - September 12 - Late December

A three-month repaving project for Highway 236 started September 12 and is estimated to be completed by December. One-way, reverse traffic control is in effect for two weeks between mile marker 0.1 / Highway 9 and the Highway 236 intersection and mile marker 9.15 / located at Big Basin Park headquarters. Starting September 19 there will be a FULL CLOSURE between mile marker 9.15 / Big Basin Park headquarters and mile marker 17 / Highway 236 and Waterman Gap, till October 2. Updates online as new information becomes available.



Ben Lomond firefighters respond to Kings Creek fire.  
 Photo by Steve Kuehl

### Fatal Crash on Empire Grade Rd. at Llama Ranch Rd. - Sept. 8, 2016

A solo-vehicle crash was reported at the intersection of Empire Grade near Alba Road early Thursday morning. The driver did not survive after the vehicle struck a tree. The accident is still under investigation.

### SCCRTC Approves \$7 Million in Projects - September 6, 2016

This includes 16 total projects. Highway 1/9 intersection modifications to add turn lanes and bike lanes/shoulders. Major pavement repairs to Ben Lomond and Scotts Valley. Travel assistance programs for Highway 1 and 17. Funds to replace an old diesel METRO bus with a low emission CNG bus. <http://mountainbulletin.com/2016/09/06/scrtc-approves-7-million-in-projects-hwy1-hwy9-intersection-and-more/>

### Structure Fire Boulder Creek - August 28, 2016

Boulder Creek, Ben Lomond, Felton, and Cal Fire, American Medical Response, and the Santa Cruz County Sheriff's Department responded to a structure fire on King's Creek Road. One victim was flown to a San Jose hospital with burns. Crews kept the fire from destroying the entire home.

### Ben Lomond Fire Department Looking for Volunteers

Consider the challenge of helping people at all hours of the day or night, seven days a week, in any kind of weather and under very stressful and emotional conditions. Imagine learning and developing skills to cope with a variety of situations that include: structure and wildland interface fires, emergency medical responses, hazardous materials spills and many other emergencies. <http://benlomondfd.com/about/employment/>

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# SLV HISTORY

## Gulching

by Lisa Robinson

Gulches—deep, narrow ravines created by rainfall during the winter storms—provide a crude, natural pathway up and down the steep hillsides of the Santa Cruz Mountains. The term “gulching,” in reference to the transport of lumber via the gulches, seems to be a curiously Santa Cruz County term. The first references to the term were found in the Santa Cruz Sentinel around 1870 when Mark McClellan described a contract between himself and George and Henry Francis to “gulch powder wood” on Zayante Creek.

Often the wood that was gulched was fallen timber that would otherwise become fuel for forest fires. It was collected in the late summer or early fall when the wood was drier and hence, lighter. This gulched timber was generally sold for stove wood.

In 1898, a fire raged around Boulder Creek. So close were the flames that they threatened the schoolhouse and ignited the brush in the playground. The logging and gulching roads skirting the town helped to save the town from destruction. Backfires were set with the gulching roads acting as fire breaks. The backfires met the approaching flames and with the help of a heavy fog and little wind, the fires burned themselves out by the following morning.

Pictured here is a team of mules ready for gulching. They are wearing wooden sawbuck pack saddle trees on their backs with two iron brackets slung over them, one on each side, to which the gathered split stuff is attached. Mules, the offspring of a male donkey and a female horse, with their sure-footedness, were better suited to working on the steep slopes than horses. Males are called “horse mules” and females are called “mare mules.” In 1884, the Olive and Foster lumber company boasted four-, six-, and eight-horse [mule] teams gulching and hauling lumber to Santa Cruz. In 1895, Winfield Scott Rogers, editor of the Mountain Echo, operated a team of 13 pack mules and 25 men stripping tanoak bark and gulching it out of the Big Basin. The bark was destined for the tanneries of which there were then three: Kirby, Boston & Jones, and the Kron & Sons



Wooden sawbuck pack saddle tree. Photo courtesy of the SLV Museum.

Tanneries. Rogers gulched 825 cords of tanoak bark and was paid \$8.50 per cord.

It could be dangerous work. Animals were lost as they fell to their deaths down the steep ravines. The Hihn Co. was gulching at Gold Gulch when a mule carrying half a cord of pine wood slipped away from the rest of the pack-train. It managed to safely cross a high railroad trestle. The Sentinel reported: “Had the exaggerated Belgian hare toppled over the edge, he would, at least, have had time to say his prayers before striking the bottom, as the trestle is 100 feet in height.”

Wooden sawbuck pack saddle trees and the iron brackets for carrying the wood can be seen on permanent display at the San Lorenzo Valley Museum.

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Photos Courtesy of Danny Halvorson

## The 22nd Annual Lobster Feed

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## Black Lives Matter Marks Third Anniversary



Protestor Ieshia Evans is detained by law enforcement near the headquarters of the Baton Rouge Police Department in Baton Rouge, Louisiana, U.S. July 9, 2016.  
Photo credit Jonathan Bachman/Reuters

by Rachel Wooster

As the Black Lives Matter movement turned three this summer, I wondered if the equality I am so happy to have as a lesbian in Santa Cruz County was something that blacks also get to enjoy. So I sought the insight and firsthand experience of Michelle Morton, who was so kind to sit down with me for an almost two-hour interview.

For those of you who don't know Michelle Morton, her family has been living in Boulder Creek since 2006. Her mother is Chinese and her father is an African American who grew up in Alabama. Her husband, Mark Morton, is white, and they have a daughter, Sarah. Here are my favorite points from the interview.

Rachel: "What do people of color want to be called?"

Michelle: "Black or African American." She pointed out that the term "colored" is offensive. After researching it at home, I found that most of the signs during segregation used the word "colored."

Rachel: "What does 'Black Lives Matter' mean to you?"

Michelle: "'Black Lives Matter' means to me that all lives should matter regardless of color, gender, and sexual orientation. Just because 'black lives matter' doesn't mean all other lives are less significant. Black lives matter because People of Color fought for their voices to be heard, for the right to fight for their basic human rights."

Rachel: "What do you think are the goals of the Black Lives Matter movement?"

Michelle: "It gives a voice for what has been left unspoken in America for a very long time. Ferguson, Missouri was the proverbial straw that broke the camel's back. Trayvon Martin did not receive fair justice from his peers. Black Lives Matter is forcing people to have conversations that are uncomfortable and confront the truth that needs to be told. Social media has forced the instantaneousness of news. People demand access to information and transparency of that information. Dash cameras provide the transparency that protects citizens from police brutality as well as law enforcement from false accusations."

I understand why Colin Kaepernick would sit for the National Anthem. The Constitution and the National Anthem were not drafted with People of Color in mind. People of Color were considered in the American Revolution and the Civil War as an afterthought, as 3/5 of a person. Tuskegee Airmen fought to be included in battle to show that valor is color blind. As a veteran who served eight years, my service meant protection of all citizens, so they can be protected by the Constitution that included freedom of speech and expression. It means that Kaepernick has a right to sit down in protest of his social cause just as much as Westboro Baptist Church wants to protest at funerals of our fallen soldiers. I don't have to like the expression of speech, but that's what makes this country great - not like Iran or Iraq for being jailed for not agreeing with the government."

Rachel: "How does it feel to be a minority in Santa Cruz County?"

Michelle: "Boulder Creek is not a very diverse town demographically, but we do the best we can to embrace diversity. The geographic location of the town creates a sense of isolation from our nearest major cities. We are all very aware of the locals vs. the non-locals, and we are very private towards strangers. People with diverse backgrounds may misconstrue this behavior as prejudice or indifference; that is simply not true. We have neighbors in our community who are willing to drop anything to help another in need, as exemplified with the GoFundMe Campaign for Foster's Freeze."

Rachel: "Do you feel safe raising your daughter here? Have you or are you planning on having 'The Talk' with your daughter?" [Google "black parents have the talk" for more information or visit mountainbulletin.com]

Michelle: "Locally, our children are our greatest treasure. Boulder Creek Elementary is an excellent school. Its mottos are simple: Be safe, be respectful, and be responsible. The school teaches this simple creed to the children in the

CONTINUED ON PAGE 14

## POLITICALLY SPEAKING

### The Hidden Impact of Ballot Propositions

by Chris Finnie

Unless you're a lawyer, you probably don't read the language of ballot propositions. To make them even more confusing, sponsors may give them deceptive names or write the legal language so that a no vote really means yes and vice versa.



But there is one thing I find essential to read: The statement by the legislative analyst. This short summary tells you what a yes or no vote actually means and can point out some other important impacts in plain English.

#### A Spending Stranglehold

The analysis spells out the potential financial impact. The state controller's office says that approximately 85% of the state budget in any given year is for spending that was allocated by propositions. The cumulative effect of all the standalone propositions passed by voters is to collectively limit the state legislature in dealing with the state budget and various other areas of public policy. An example this year is proposition 52.

#### Less Flexibility

Some propositions also amend the state constitution. Again, the legislative analysis will tell you that. This year, propositions 53, 55, 56, and 57 are constitutional amendments. Sometimes that means we've just voted for a permanent solution to a short-term problem. And made it really difficult to change.

#### Secret Corporate Agendas

Ballot propositions were originally billed as a way to afford a more direct way for citizens to impact government. Because of California's size and population, proponents of a ballot initiative or referendum need the money and resources to gather over 500,000 petition signatures, and to campaign for it across the state. This has led to charges that the wealthy and special interest groups have taken over the process.

Sometimes special interests compete. This year they're dueling over proposition 62 versus proposition 66. Article II, Section 10(b) of the California Constitution says, "If provisions of 2 or more measures approved at the same election conflict, those of the measure receiving the highest affirmative vote shall prevail." You'll also see that spelled out in the analysis.

#### Learn More Locally

On Saturday, October 8<sup>th</sup>, the Crosson North County Democratic Club will have a Proposition Analyses forum from 10:00 am to noon, with Assemblyman Mark Stone. The location is yet to be announced. For more information, click the Events & Meetings tab at: [crossondemocrats.org](http://crossondemocrats.org)



### From the Mail Bag

My husband and I were born and raised in NJ. 9/11 had a profound impact on both of us. My father worked at the Pentagon, and I visited him there. He passed before the attack, and now is in Arlington.

The reason we live in Boulder Creek is BECAUSE of 9/11. In Jersey, we come from a town of volunteer ambulance and fire departments, blue collar workers and military, government workers and cops. Patriotism runs deep in us. Some people from our area died.

My husband and I, a few years after, put up our flags along the walk, in Santa Cruz, for 9/11. People came through, throwing them in the mud, trampled them, and destroyed them. I cried.

We decided, then and there, that we would move to a place in CA where people help people, where flags were seen, where regular people can and will do extraordinary things.

We moved to Boulder Creek.

-Renee La Couture.



OPINION

# SCM COMMUNITY CALENDAR

## September/October 2016

For more events and expanded information on events listed, go to our Community Calendar online: [mountainbulletin.com/events/](http://mountainbulletin.com/events/)

### Friday, September 16

#### Santa Cruz County Fair

12:00 pm – 11:00 pm | An old-fashioned county fair with an amazing horse show, farm animals, and robots. Show off your best at the fair by entering your crafts, baked goods, jams, livestock, and more. See website for details. | County Fair Grounds, Hwy 152 Watsonville | [SantaCruzCountyFair.com](http://SantaCruzCountyFair.com)

### Saturday, September 17

#### Boulder Creek Flea Market

8:30 am – 2:30 pm | Check out the flea market and find new treasures. Space rental is \$15 | Junction Park | (831) 338-4144

#### 30th Annual River & Road Clean Up

9:00 am – 3:00 pm | Join this community effort and help keep our environment safe, clean, and beautiful! | 4 locations | (831) 338-6578

#### Boulder Creek Dog Meet & Greet

10:00 am | We'll take our Boulder Creek hound dogs on a tour of West Park smelling every tree and stopping at most fire hydrants. Rain or shine! | meet at BC Public Library

#### Santa Cruz Mountain Sol Festival

11:00 am – 7:00 pm | Two-day music festival in the beautiful Santa Cruz Mountains | Get your tickets before they sell out | [SantaCruzMountainSol.com](http://SantaCruzMountainSol.com)

#### Kids Fun Night

5:00 pm – 9:00 pm | A community favorite is back! Send your child with a brown bag dinner. We will play games and watch a movie while you enjoy an evening of free time. | BC Rec Center | (831) 338-4144

#### Made in the Mountains

3:00 pm – 6:00 pm | Look for the red ballots outside participating local shops who are hosting local artists exhibiting art made in our mountains. | Downtown Boulder Creek | [facebook.com/bouldercreekmadeinthemountains](http://facebook.com/bouldercreekmadeinthemountains)

#### Northern California Renaissance Faire

Weekends September 17 - October 16  
10:00 am - 6:00 pm | Come find your fantasy at this colorful annual market fair. Willingtown comes to life with streets and stages filled with music and dance, swashbuckling sword fighters, and lovely damsels. Specialty food and beverage, handcrafted wares, jousting on horseback, and free Saturday night Celtic rock concerts. Casa de Fruta | 10031 Pacheco Pass Hwy 152, Hollister, CA 95023 | [www.norcalrenfaire.com](http://www.norcalrenfaire.com)

### Sunday, September 18

#### Santa Cruz Mountain Sol Festival

11:00 am – 7:00 pm | Two-day music festival in the beautiful Santa Cruz Mountains | Get your tickets before they sell out | [SantaCruzMountainSol.com](http://SantaCruzMountainSol.com)

### Wednesday September 21

#### Triple P, Together in the Park

10:30 am – 12:00 pm | Positive Parenting Program drop-in playgroup, encouraging a growth mindset | Felton Covered Bridge Park

### Saturday, September 24

#### Sensory Friendly Matinee "Stork Find Your Flock"

10:00 am | Sensory friendly matinees are designed for families with special needs children who cannot sit through an entire feature without moving or being a little loud. | CineLux Scotts Valley | [cineluxtheatres.com/sensory-friendly](http://cineluxtheatres.com/sensory-friendly)

#### SLV Music Boosters Fundraiser, Mattress Sale

10:00 am – 5:00 pm | Come get a better night sleep and support the San Lorenzo Valley Band Program at their 1st annual Mattress Fundraiser. Turn the SLVHS Gym into a mattress showroom. Dozens of Mattress sets will be on display for you to try. Name brands for up to 50% LESS than retail. | SLVHS Gym

#### Santa Cruz Mountains Harvest Festival

11:00 am – 6:30 pm | This event aims to help raise money for local nonprofits as well as contributing money towards other like-minded organizations & local companies. | Downtown Boulder Creek and Junction Park | [scmharvest.com](http://scmharvest.com)

#### Rendezvous in the Redwoods

4:00 pm – 9:00 pm | A fun filled historic train ride, silent auction, and a delicious campfire BBQ dinner with wine, craft beer, and dessert tastings. Benefits the San Lorenzo Valley Museum and its programs. | \$60 | Roaring Camp | [SLVMuseum.com](http://SLVMuseum.com) | (831) 338-8382

### Sunday, September 25

#### Meditation with the Redwoods~ A Daylong Retreat

9:30 am – 3:30 pm | The Buddha repeatedly instructed his followers to go to the forest to meditate. That is what this daylong retreat is all about, meditating in a lovely natural amphitheater surrounded by redwoods. | Pre-registration required | [carolvandenbos1@yahoo.com](mailto:carolvandenbos1@yahoo.com)

#### 1st Annual Mountain Bridal Fair

9:30 am - 4:30 pm | Come join us for wonderful day of sampling some of the best wedding related providers available in the redwoods. Gather ideas and gain insight into all of the possibilities available. | Boulder Creek Golf & Country Club | [MountainBridalFair.com](http://MountainBridalFair.com)

### Wednesday, September 28

#### Natural Magick Course with J'te

9:30 am – 3:30 pm | Introduction to Witchcraft offered by Wytchwood School, 7 session course, all dates online. | Air & Fire | [www.airandfire.com](http://www.airandfire.com)

### Friday, September 30 - Sunday, October 23

#### Mountain Community Theater "A Flea in Her Ear"

Sept. 30-Oct. 23. 8:00 pm Fridays and Saturdays, 2:00 pm select Sundays | Widely regarded as one of the funniest farces ever written, A Flea in Her Ear teems with suspicious spouses, hotel liaisons, crossed wires and abundant physical comedy. | Park Hall in Ben Lomond | \$20 | [fleainear.brownpaper-tickets.com](http://fleainear.brownpaper-tickets.com)

### Saturday, October 1

#### Big Trees Scottish Gathering & Highland Games

10:00 am – 6:00 pm | This year's gathering and games will feature all the wonderful activities you have come to know and love, the details of which you will find on this website. So bring your family and friends and for a day immerse yourself in the sights, the sounds, and the taste of an ancient culture kept alive in the hearts and by the hands of its proud descendants. | Roaring Camp | [bigtreescots.com](http://bigtreescots.com)

### Friday, October 7

#### First Friday Art Walk Boulder Creek

6:00 pm – 9:00 pm | Local artists of all kinds display their work in downtown Boulder Creek shops. Light refreshments, libations. Free | [facebook.com/FirstFridayArtWalBoulderCreek](http://facebook.com/FirstFridayArtWalBoulderCreek)

#### First Friday Art Walk Felton

6:00 pm – 9:00 pm | A collection of centrally located shops in downtown Felton hosting vibrant local artists and craftspeople. Free | [facebook.com/FirstFridayFelton](http://facebook.com/FirstFridayFelton)

### Saturdays and Sundays, October 8, 9, 15, 16

#### Open Studios Art Tour

11:00 am – 5:00 pm | Open Studios Art tour is your opportunity to explore creativity in Santa Cruz County. For 31 years, our goal has been simple: connect artists with people who love art. | varies artists studios throughout the Santa Cruz Mountains | [artscouncilsc.org/open-studios/](http://artscouncilsc.org/open-studios/)

### Saturday, October 8

#### History Fair

12:00 pm – 4:00 pm | Learn about local historic industries, archaeology, heritage foods, genealogy, how to do historical research, the Native Americans, and much more! | Loudon Nelson Community Center, Santa Cruz

### Saturday, October 15

#### Boulder Creek Dog Meet & Greet

10:00 am | We'll take our Boulder Creek hound dogs on a tour of West Park smelling every tree and stopping at most fire hydrants. Rain or shine! | meet at BC Public Library

#### Kids Fun Night

5:00 pm – 9:00 pm | A community favorite is back! Send your child with a brown bag dinner. We will play games and watch a movie while you enjoy an evening of free time. | BC Rec Center | (831) 338-4144

#### Made in the Mountains

3:00 pm – 6:00 pm | Look for the red ballots outside participating local shops who are hosting local artists exhibiting art made in our mountains. | Downtown Boulder Creek

#### Dance the Night Away! A Swing Dance Fundraiser

6:00 pm – 9:00 pm | Join us for live music, food, drinks, and raffle prizes. All proceeds from this event will benefit Fiona's Family House, a Santa Cruz-based nonprofit that supports young adults with advanced cancer and their families. | Felton Community Hall

### Ongoing

#### Art Exhibit ~ My Name is Lily

August 2 - September 30 | BC Public Library

#### Jazzercise - 7 days a week

Monday – Friday | 8:45 am – 9:45 am | Felton Community Hall | (805) 801-9620  
Monday – Sunday | 9:00 am – 10:00 am | BC Rec Center | (831) 338-9716  
Monday – Thursday | 6:00 pm – 7:00 pm | BC Rec Center | (831) 338-9716  
Monday – Thursday | 6:00 pm – 7:00 pm | Felton Community Hall | (805) 801-9620  
Saturday & Sunday | 8:00 am – 9:00 am | Felton Community Hall | (805) 801-9620  
Saturday & Sunday | 9:00 am – 10:00 am | BC Rec Center | (831) 338-9716  
Saturday & Sunday | 9:00 am – 10:00 am | Felton Community Hall | (805) 801-9620  
Hour long class combining dance, strength, stretching. [Jazzercise.com](http://Jazzercise.com)

#### BC Rec Center Open Gym Hours

Mondays, Tuesdays, Fridays-1:00 pm – 3:00 pm  
Wednesdays-12:00 pm – 1:30 pm, Thursdays-11:30 am – 3:00 pm

#### Felton Farmers' Market

Tuesdays | 2:30 pm – 6:30 pm | Corner of Russell Ave and Hwy 9, Felton

#### Family Crafts at Felton Library

Tuesdays | 2:30 pm – 4:00 pm | 6299 Gushee St, Felton | (831) 427-7708

#### Boulder Creek Business Association Meeting

1st Wednesday | 6:00 pm – 7:00 pm | IOOF building upstairs | [BCBA.net](http://BCBA.net)



**Boulder Creek Parks and Rec Board Meeting**

1st Wednesday | 7:00 pm – 9:00 pm | 13333  
Middleton Ave (831) 338-4144 | BCRPD.org

**Family Crafts at Boulder Creek Library**

Thursdays | 3:00 pm – 4:30 pm | 13390 W Park Ave,  
Boulder Creek | (831) 427-7703

**CERT Boulder Creek**

1st Thursday | 7:00 pm | Learn to be prepared for  
any disaster. | Boulder Creek Fire House

**Community Paint Night**

1st and 3rd Thursdays | 6:00 pm – 9:00 pm | Relax  
and be creative amongst friends. | Art Lab, 13124  
Hwy 9, Boulder Creek

**SLV Water District Board Meeting**

1st and 3rd Thursdays | 7:00 pm | 13057 Hwy 9,  
Boulder Creek

**SLV Caregivers Support Group**

2nd and 4th Thursdays | 2:00 pm – 3:00 pm |  
Highlands Park Senior Center

**Traditional Irish Jam Session**

3rd Thursdays | 7:00 pm – 10:00 pm | Rosie  
McCann's 1220 Pacific Ave, Santa Cruz

**Mountain Spirit Workshops**

6299 Hwy 9, Felton  
831-335-7700

[www.facebook.com/MountainSpiritFelton](http://www.facebook.com/MountainSpiritFelton)

First Sunday- Sound Meditation with Bruce  
Manaka. FREE. 10:30-11:45am

First Wednesday of every month- Gratitude  
Wednesdays at Mountain Spirit...Mountain  
Spirit donates 10% of our sales to a local  
organization!

1st and 3rd Wednesdays of the month-  
Mountain Spirit Writing Group with Wendy  
Ledger. 5:00-7:00pm.

2nd Sunday of every month- Mountain Spirit's  
Crafting Circle with Brandy Flore Join our  
creative circle for inspiration, assistance, and  
insights on beading and crafting projects! \$15.  
4:00-6:00pm

3rd Thursday of every month- A Course In  
Miracles Monthly Meetup with Nicki Wolff  
5:00-7:00pm

Sept 18 - Dowsing: The Intuition Technology  
with Petra Leible. Explore this ancient art of  
reading energy. 3:00-6:00pm. \$25.

September 30 – October 4- Private Astrology  
& Healing Sessions Available with Dawn Silver.  
Dawn is a world renowned healer offering  
Astrology Readings, Naprapathy Sessions &  
Crystal Healing Sessions. By appointment only.

September 30- Intro to Healing with Crystals  
with Dawn Silver. Explore the cosmic origins  
of crystals and their healing powers. \$40.  
7:00-9:00pm

September 22- Drop-in Weekly Clay Workshop  
with Nora Sarkissian . 5:00- 7:30pm

October 1st- Women's Mystery Circle with  
Lithia Brigan Join us in sacred sisterhood as we  
gather on the dark moon to delve deep into the  
core of women's mysteries.

October 1- Diving Through the Jewels of the  
Lotus Crystal Healing Oracle Cards with Dawn  
Silver \$150 with book. 10:30am-6:30pm

October 2- Astrology Speak with Dawn Silver.  
Come learn the basic language of Astrology.  
Leave knowing how to read your chart and oth-  
ers. \$68. 12:30-5:30pm

October 13 - Intro to Aromatherapy with  
Heather Williams 5:30-7:00 pm. \$15. Explore  
the medicinal world of essential oils....everyone  
goes home with a handmade essential oil gift.

**Sept./Oct. Parks Calendar****Big Basin Redwoods State Park**

21600 Big Basin Way, Boulder Creek, CA 95006  
(831) 338-8883 | [parks.ca.gov/bigbasin/activities](http://parks.ca.gov/bigbasin/activities)

**Exploring Big Basin**

Every Tuesday | 9:00 am Park Headquarters

**Redwood Loop Walk**

Every Saturday and Sunday | 11am & 2pm

**Volunteer with the Trail Crew**

2nd Saturday of each month | 9:00 am

**The Road Less Traveled—A Dog-Friendly Walk**

Sept. 18-9:30am, Sept. 25-10:00am, Oct. 9-10am

**Discover Big Basin Redwoods Hike**

Sept. 18, 24, 25, Oct. 1, 8, 9 | 12:00 pm

**Founder's Day Special Event**

Saturday, September 24 ~Honor the Visionaries,  
Valued Workers and Visitors that shaped the  
character of Big Basin over the past 114 years.  
Timeline Tree: Changing Times among the  
Ageless Giants - 9:00 am – 5:00 pm, Old-Time  
Big Basin Resort Walk-9:30 am, Redwood  
Loop Walk-11:00 am and 2:00 pm, Old-Time  
Redwood Grove Loop Walk-11:30 am, Big Basin  
Melodrama!-1:00 pm, Old-Fashioned Children's  
Games-3:00 pm – 5:00 pm, Campfire ~ History  
of California's Oldest State Park - 6:30 pm.

**Meteor Trail Hike**

Sept 25-1:30pm, Oct 9-1:00pm, Oct 15-10:30am

**Outlook from Mt. McAbee**

September 24 -10:00 am, October 2 - 1:00 pm

**Coffee Talk and Crafts**

Saturday, October 1 | 9:30 am – 12:00 pm

**A Walk in the Past**

Saturday, October 1 | 10:00 am

**Story Time Walk**

Saturday, October 1 | 1:00 pm

**Nature's Reading Room**

Saturday, October 1 | 1:30 pm – 3:00 pm

**The History of Horses at Big Basin**

Sunday, October 2 | 10:00am

**Berry Creek Falls Hike**

Sunday, October 9 | 9:30 am

**Hike to Buzzard's Roost**

Sunday, October 16 | 10:00 am

**Creeping Forest Ramble**

Sunday, October 16 | 1:00 pm

**Snakes Alive!**

Saturday, September 17 | 12:00 pm – 3:00 pm

**Henry Cowell Redwoods State Park**

Day Use Area 101 N Big Trees Park Rd, Felton,  
CA 95018 | (831) 335-7077

**Guided Redwood Grove Walks**

Every Saturday | 12:00 pm | Visitor Center

**Full Moon Madness**

Friday, September 16 | 6:00pm | Day Use Area

**Pine Needle Basket Making Workshop**

Saturday, September 17 | 10:00 am – 12:00 pm

**22nd Annual Lobster Feed Fundraiser**

Saturday, October 8 | 4:30 pm – 8:00 pm | \$75

**Quail Hollow County Park**

800 Quail Hollow Rd, Felton, CA 95018  
(831) 335-9348 | [SCParks.com](http://SCParks.com)

**Landscape Garden Design**

Sunday, September 18 | 1:00 pm – 3:00 pm |  
Visitor Center | \$3 per person

**Water Smart Gardening**

Sunday, September 18 | 3:00 pm – 4:00 pm

**Pruning Small Trees and Shrubs**

Sunday September 25 | 10:00 am – 12:00 pm

**Native Plant Gardening**

Sunday, September 25 | 1:00 pm – 3:00 pm |  
Visitor Center | \$3 per person

**Nature History Walks**

Tuesday, Sept. 27, Oct. 4, Oct. 18 | 9-11am

**Birding Walks**

Wednesday, Sept. 28, Oct.5, Oct. 19 | 8-11am

**Snakes Alive**

Sunday, October 2 | 1:00 pm – 4:00 pm | \$5

*More info at [mountainbulletin.com](http://mountainbulletin.com)*

**San Lorenzo Valley & Scotts Valley Meal and Food Programs (September 2016)**

Tuesdays through Saturdays (also 4th  
Mondays). Valley Churches United, Food  
Pantry and Food Distribution programs. Tues-  
Thurs 9-11:45 and Saturday 10-11:45. 1st and  
3rd Fridays 9-11 are for seniors only. USDA  
Distribution on 4th Monday 10-1. For SLV,  
Scotts Valley, and Bonny Doon residents. Ben  
Lomond, corner of Highway 9 across from Ben  
Lomond Market, 336-8258.

Tuesdays, noon. Felton Presbyterian Church,  
6090 Highway 9, across from Rite-Aid, 335-  
6900. "Free Lunch Tuesday."

Tuesdays, 2:30-6:30, Felton Farmers' Market,  
Hwy 9 and Russell. Up to \$10 matched when  
customers use their CalFresh (EBT/SNAP)  
cards. The extra money must be used for fresh  
produce at the market.

Wednesdays, 12-2, San Agustin Catholic  
Church, 257 Glenwood Dr, Scotts Valley  
(next to the fire station), 438-3633. Food  
Distribution.

Thursdays 10:00-2:30 (doors open 9:00-3:00).  
St. John's Catholic Church, down from Rite-  
Aid, Highway 9 and Russell, Felton. 335-4657.  
"Thursday Lunch."

Thursdays, 11-12. Mountain Community  
Resources (a Community Bridges program),  
6134 Highway 9, across from Rite Aid, Felton.  
335-6600. Food Distribution.

Thursdays, 5:00-6:30, St. Philip's Episcopal  
Church, 5271 Scotts Valley Drive, Scotts Valley.  
438-4360. Food Distribution.

Fridays, 5-5:30 p.m.. GateWay Bible Church,  
5000 Granite Creek Road, Scotts Valley,  
CA 95066. 438-0646. "Fridays at Five" food  
distribution.

Sunday, September 25, 2:00. SS Peter & Paul  
Orthodox Church, 9980 Highway 9, Ben  
Lomond, north of town, 336-2228. Dinner.

Meals on Wheels (a Community Bridges  
program), hot meals at dining centers in Ben  
Lomond (M-F, 336-5366) and Scotts Valley  
(Wednesdays, 438-8666). Reservation required,  
\$2.50 requested donation, for age 60+ (lim-  
ited exceptions). Meals delivered if eligible,  
454-3180.

Grey Bears Brown Bag Program, weekly bag  
of produce to be picked up in Ben Lomond,  
Felton, or Scotts Valley. Delivery available for  
homebound seniors. \$30 annual membership  
fee, for age 55+. [www.greybears.org](http://www.greybears.org) (479-1055).

Except as noted, all programs are free of charge  
-- Schedules are subject to change. Submit  
Changes/Additions to [slvsvmeals@gmail.com](mailto:slvsvmeals@gmail.com)

## One Way to Wow With Your Winter Garden

It's not too late! Start your winter garden on the cheap. This month is perfect timing. If you don't have a garden bed yet, I can fix that. I'll show you how to build a bed and plant veggies quick.



Winter veggie starts start now!

Imagine eating fresh food with family for Fall.

You need two tools, one slab of dirt, and a sun-soaked spot. Grab a shovel and spading fork (picture a small/strong pitchfork) No wood and no nails. No screws and no wire. We're going old school and natural. Just soil and seeds. With this trick you'll pump super-production from a puny patch of dirt.

I'll introduce the infamous "double dig" by John Jeavons. If you haven't seen his tutorials, check my Village Wash Community Garden FB page: [www.facebook.com/Boulder-Creek-Village-Wash-Community-Garden-1534468396845546/](http://www.facebook.com/Boulder-Creek-Village-Wash-Community-Garden-1534468396845546/)

Here's how: Measure 5' x 20'. Just go smaller if you're scared of commitment. Dig your 1st trench 1ft deep across the front. Throw all this dirt in a wheelbarrow. Now take your spading fork and loosen the soil at the bottom of your 1st trench.

Now imagine what you did: You removed the top foot of soil and fluffed another foot deep in the trench. You made 2 feet of fluff for fantastic rooting.

Now step back and dig a 2nd trench beside the 1st. Toss the topsoil from the 2nd trench into the 1st trench. Your new trench fills the original. When the 2nd trench is done, take your spading fork and fluff the dirt below. Now move back a foot and dig the 3rd trench. Toss this topsoil into the 2nd... and repeat... until you fall flat or your garden is fully forked and tossed.

To finish, dump your wheelbarrow from the 1st trench into the last. Kick back, relax, and revel in working with nature. Your new light soil will be raised higher than surrounding areas. Take care to not walk or get smashy on your precious fluff. Your plant's roots will love this loose room to roam.

Now plant immediately! Don't worry. Here's some good winter plants: Spinach. You'll eat baby leaves all winter and greens in summer. Talk about bang for your buck. Broad Beans. They take off like an old hot-rod... but taste better. They'll be ready to eat soon. Onions and Garlic. Won't be ready till Summer, but worth the wait for your BBQ!

It's time for you to play in September's dirt. In your garden, as in life, nothing beautiful happens without some hard work on the front end.

I hope you enjoyed my article. Come see me, Karen, and Katie at Village Wash Laundromat.

You Are Worth It! Drop-Off Your Wash



Save Your Time. We'll give it back fresh and clean like a garden veggie!

Until Next Time! Lovely Day!  
 Brandon



**We're Hiring!**  
 site supervisors | teachers  
 full-time | part-time  
[communitybridges.org/employment](http://communitybridges.org/employment)

Child Development Division  
 COMMUNITY BRIDGES  
 PUENTES DE LA COMUNIDAD

**KIM SAMMET**  
 College Counseling

(831) 247-3104  
[kimsammet@gmail.com](mailto:kimsammet@gmail.com)

[kimsammetcollegecounseling.com](http://kimsammetcollegecounseling.com)

# Food 831

A Taste of the Santa Cruz Mountains

## The Perfect Treat at Quail Hollow Kitchens

by Pam Nectar-Gharbians

Nestled in the Sand Hills between Felton and Ben Lomond is the beautiful and busy Quail Hollow Kitchen. Patricia Davis has been creating and perfecting some very beautiful hand tempered chocolate there with a passionate and scientific eye. She comes from a long line of chefs and foodies; in fact, her great grandmother was known to travel back to the old country of Hungary to cook for the Prince. "We family cooked," she says.

Patricia won her 1st cooking competition at age 9 with her coconut cake. She has won many more since. Patricia is also a chemical engineer, so her blend of passion and scientific knowledge of food gives her a great understanding of how food cooks. She has many tricks and tips up her sleeve from how to fix a broken hollandaise to how to ensure your chocolate pops right out of the molds every time.



Patricia Davis of Quail Hollow Kitchens

The chocolates she is producing are incredible. Small batch, fresh, hand tempered that melt instantly in the mouth, which is a sign of high quality. She offers a Lime, Blood Orange and Vegan option as well as a Voodoo Spice, which is a blend of habanero and Kahlua. Yum! Perfect for a fall day! Patricia believes in sharing the love and the recipes so here it is!

**Chocolate Truffles**  
 1 cup heavy cream  
 6 TB unsalted butter  
 2 grams ground dried habanero (about 2 whole peppers)  
 18 oz. premium dark chocolate  
 6 Tb Kahlua

Warm cream to simmer. Melt in butter (do not boil) add to warmed cream/butter 2 grams ground habanero in a teabag. Infuse into cream/melted butter habanero to desired heat level, not more than 5 minutes. Blend in chocolate until completely melted, then slowly stir in Kahlua until smooth. Pour into 9 inch cake pan and cover with plastic wrap. Allow to cool overnight. Scoop into teaspoon sized balls and roll in cocoa powder. This recipe can be reduce in half or thirds. Makes 200 truffles.

Patricia is an amazing culinary resource right here in our backyard. She teaches many different classes including chocolate making, sourdough bread making, pastry (including eclairs, macarons, tarts and pies), Hungarian noodles (!!!), pickling, and more...and in time for the holidays she will be teaching a pumpkin and pecan pie class!

Quail Hollow Kitchen is a warm and lovely place to take a class and spend some time learning delicious tricks. Bring your mom! Bring your dad! Send your guy to learn the art of pie this year! A cooking class is not only a great way to share time together but is also a great gift. Patricia Davis was voted BEST FOOD ARTISAN by Edible Monterey Readers in 2016. <http://www.quailhollowkitchens.com/>

## MOUNTAIN SPIRIT

Crystals & Minerals  
 New & Used Books  
 Beads, Statues, Cards  
 Gemstone Jewelry  
 Unique Gifts for Kids  
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# Health Tidbits

## What is the Ideal Diet?



by Marcey Klein B.S, CNC

Many people succumb to the latest diet trends largely in part because of the great claims of health and beauty that they promise. Some of these diets can throw the body off if followed intensely for some time and some can cause deficiencies, even diseases. For example, the raw foods diet is hard on our digestive systems over time, eventually causing a weakness and slowing down of the digestive system and metabolism. The only time to eat solely raw food is for short periods, usually for detoxing in the hotter months and to cool the body off. Those who tend to run hot or who have a larger build tend to do better with more raw foods in general.

The Paleo, or low carbohydrate diet can be too acid forming for the body if not enough alkalizing foods are ingested to offset the protein rich foods. Proteins are acid and greens alkaline, so for a rule of thumb, you want to have 3 servings of vegetable for every serving of protein to keep your body and organs in balance. Also for some, not eating enough carbohydrates can be problematic. Complex carbohydrates actually help us to metabolize our proteins and fats, and give our body a considerable amount of extra fiber, vitamins and minerals. So listen to your body.



The Weight Watchers diet only counts calories and does not look at the quality of the foods you put on your plate. Their pre-made packaged food comes with a barrage of added preservatives, hydrogenated oils, artificial chemical sweeteners, and low quality conventional ingredients. Your body has a hard time knowing how to metabolize these foreign chemicals, usually storing them in your fat, and disrupting your own ability to burn fat.

The vegetarian or vegan diet is not for everyone, as it is very limiting. Blood type A is usually the type that can do well not eating meat. Many people can become protein deficient by not eating meat or eggs, and their bodies can suffer in many different ways in a short period of time. Since our whole immune system, our cells, our hormones, and essentially our body is made up of amino acids that configure themselves into thousands of different proteins to make us, deficiency can show up in a host of different ways: From immune system weakness to mental breakdown, bone loss, cavities, loss of muscle, thin hair, PMS, weak nails, and slow wound healing to name a few. The key is to listen to your bodies, not to go one extreme or the other.

So what does the perfect diet look like? Well it looks colorful, balanced, and has variety. Our bodies thrive on real food and our plates should look like something we would want to take a picture of. We want to have the majority of our plate be plant based. Some crunchy steamed vegetables, some leafy greens, a protein source - whether from beans, legumes, meat or fish - and a small amount of complex carbohydrate, either from a grain or vegetable. Top that off with a drizzle of healthy real fat like olive oil or butter, and your body will use all of this to rebuild, repair, and renew.

Snack on some nuts, seeds, and fruit throughout the day to keep your blood sugar in check and make sure to drink plenty of water - alkalizing water from our new water store in town is highly recommended.

Come in to New Leaf if you have any further questions or comments. Thank you, and be well.

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# Living Simply

## Memory Keeper

Photographs are the perfect way to look back at adventures we've had, people we have known, and crazy outfits we have worn. In our days of digital you may find yourself not only trying to organize physical photos and albums but also the digital ones. In fact, with no film to run out we just keep clicking away. The result? Slews of digital photos on our phones and computers. How can we keep it all organized? Yup, as you guessed, I have a plan!



Photo albums keep memories organized

There is no quick fix for organizing years, perhaps decades, of photos. The time must be set aside with the ultimate goal in mind: Being able to enjoy those beautiful photos, share them with others, and find what you are looking for when you need it.

### Creating Categories and Files

For digital photos, start with creating files for years ("2016" or "1990-2000"). The larger category would be when you can't be sure of the years. In your new organizational routine, you will be able to easily file by year. Create subcategories within these year folders ("Christmas 2014" or "Tahoe Vacation 2015"). Be specific. It's okay to have a "Miscellaneous 2016" file, too, for random photos. The dates are important! Videos can be handled the same as photos. If you have photos related to the work you do, be sure to separate them from your personal photos ("Personal Photos" vs. "Design Me By Mahlah").

### Editing

You will likely need to delete photos as you are organizing them. Be brutal and realistic here. Do you really need four pictures of your ten year-old opening the same gift? Pick the best one and move on. A word of caution: Be careful not to delete all the pictures of yourself for reasons such as "I looked chubby that year" or "What was with that perm!" However, photos of an old boyfriend who treated you badly go to the burn pile. I think you get my drift here.

### Albums and Scrapbooks

Physical photos should be treated similarly to digital ones. Create piles for year and sub-piles of events. If you would like them in an album, I recommend buying a bunch of albums that are all the same size/shape. They store better in a group and look nicer on a shelf. Same goes for scrapbooking. If you have existing albums that are in rough shape, ditch them and move the photos to new albums. If you are thinking of scrapbooking, just be careful not to bite off more than you can chew. It is time consuming, though fun, but if you have twenty years worth... well even I'm overwhelmed at that task. Consider scrapbooking special events only like a great vacation or a graduation. There are also sites online where you can upload photos that they print in a book for you. If you don't want to organize these photos into albums, you can still organize them by year and event, but store them in archival boxes.

### Emotions Ahoy

Depending on the size of your project, you may find that a lot of old memories, both good and bad, may surface. Give yourself a realistic time frame to work on completing this project. Maybe just a day a week or an hour a day. Find what feels good but keep up with that pace so it does get wrapped up. Remember that these are photos, not people, it's okay to toss out or delete.

### Printing Digital

You can print these yourself from home, but I like to upload my digitals to Walgreens convenient site and have them printed. They usually have them ready the same day. Be sure to print only the best, and avoid hanging on to extras that didn't make it in an album or scrapbook.

### Jump Drives and Cloud

Backup your files and/or even store them on a separate jump drive to minimize the risk of loss. If you trust the Cloud, you can back them up there as well. I keep backups in a safe place.

### Keeping Up Routinely

Now that you are all organized, make a commitment to staying this way as new photos arrive in your life. At least once a month upload your camera and/or phone photos to your computer. Sort them into the appropriate folders or create new ones as needed. Really look through them and delete the ones that are duplicates or not so great. This is your chance to stay on top of it!



~ Mahlah Karpavage

Thank you to reader Barbara P. for requesting this article topic. *Have a topic in mind that you would like me to write an article about? Send me an email at the address below with your topic request. I love hearing from my readers.*

Mahlah Karpavage is an Interior Designer and Home Stager. She has a BFA in Interior Architecture & Design from the Academy of Art University, SF. Mahlah opened her business Design Me By Mahlah in 2011 in Santa Cruz County.

www.designmebymahlah.com | designmebymahlah@gmail.com

# Mr. Astrology - October 2016

On December 27, 1571, one of the greatest historical astronomers, Johannes Kepler, was born in Weil der Stadt in the Holy Roman Empire, now part of Germany. Guests at his grandfather's inn would give him mathematical problems to solve and were amazed at the swiftness and accuracy of his calculations. When he was nine years old, his mother, Katherina, took him outside to witness the lunar eclipse. The memory of the crimson disk glowing in the night would be an image that would inspire him for the rest of his life.

In his book *Mystery of the Cosmos*, Kepler observed that Venus and Mercury always appear to be in close proximity to the Sun, unlike Saturn, Jupiter or Mars. He reasoned that this is because Venus' and Mercury's orbits are closer to the Sun than Earth's. If the Earth-centered theory was correct, then there would be no reason why Venus and Mercury would be observed always close to the Sun. It follows, then, that the Sun would rightfully occupy its privileged position as the center of the universe!

**♍ Virgo Aug. 23-Sept. 22** On the 11<sup>th</sup> your ruling planet Mercury teams up with lucky Jupiter. Communicating your ideas seems effortless during this time. Venus enters your 4<sup>th</sup> house of home and family on the 18<sup>th</sup>, giving you inspiration to enhance the appearance of your home!

**♎ Libra Sept. 23-Oct. 22** Your ruling planet Venus harmonizes with dreamy Neptune on the 1<sup>st</sup>. Other people seem to be particularly considerate and sympathetic to you. Love is all around! On the 24<sup>th</sup> Mercury enters your 2<sup>nd</sup> house of resources, indicating a preference for a more practical and rational approach in regards to your finances.

**♏ Scorpio Oct. 23-Nov. 22** On the 7<sup>th</sup> the Sun squares off with your ruling planet powerful Pluto. Others seem to be contending for power. Be as truthful as possible to prevent complications in the future. You realize appearances can be misleading. The Sun enters your 1<sup>st</sup> house of self on the 22<sup>nd</sup>. Watch for new developments in your creativity, personal identity and expression.

**♐ Sagittarius Nov. 23-Dec. 21** The Moon is in your 5<sup>th</sup> house of creativity on the 15<sup>th</sup>. People are likely to be drawn to you emotionally, and you are inclined to reciprocate the good feelings! On the 26<sup>th</sup> gracious Venus forms a harmonious sextile with your ruling planet Jupiter. The dynamics of socializing during this alignment can be very enlightening to observe!

**♑ Capricorn Dec. 22-Jan. 20** On the 4<sup>th</sup> the Sun forms a beneficial configuration with your ruling planet serious Saturn, helping you to influence those in authority. The Moon is in your 11<sup>th</sup> house of community on the 30<sup>th</sup>. This is a more outgoing transit of the Moon, rendering you more sympathetic to the feelings of others in your group.

**♒ Aquarius Jan. 21-Feb. 19** Venus enters your 11<sup>th</sup> house of community on the 18<sup>th</sup>, imparting a pleasurable sense of camaraderie and graciousness to all your social activities. On the 20<sup>th</sup> Mercury faces off with your ruling planet Uranus. Be open to feelings coming on suddenly, seemingly from out of nowhere!

**♓ Pisces Feb. 20-March 20** On the 11<sup>th</sup> Mars forms a helpful alignment with your ruling planet Neptune, inspiring your instincts, empathy, and hopeful yearnings. The Sun enters your 9<sup>th</sup> house of journeys and higher learning on the 22<sup>nd</sup>. The next four weeks provide an opportunity to examine your life from a larger perspective. Imagine the possibilities!

**♈ Aries March 21-April 20** On the 11<sup>th</sup> your ruling planet warrior Mars harmonizes with Neptune, stimulating your passion, compassion, and optimistic desires. Mercury enters your 8<sup>th</sup> house of shared resources on the 24<sup>th</sup>, strengthening your intuition and making it easy for you to read between the lines.

**♉ Taurus April 21-May 21** Mercury enters your 6<sup>th</sup> house of health and service on the 7<sup>th</sup>. The emphasis is on health, fitness, and feelings of objectivity when it comes to managing the details of your life that confer to you feelings of competency and productivity. Your ruling planet Venus squares off with Neptune on the 25<sup>th</sup>, cautioning against oversensitivity and undisciplined thinking.

**♊ Gemini May 22-June 20** Your ruling planet Mercury merges with expansive Jupiter on the 11<sup>th</sup>, helping you to see the bigger picture. On the 15<sup>th</sup> the Moon enters your 11<sup>th</sup> house of community. This signifies a new phase in your public life. Consider what skills you may want to contribute in support of your community.

**♋ Cancer June 21-July 21** Mercury enters your 4<sup>th</sup> house of home and family on the 7<sup>th</sup>. Conversations with family members will prove beneficial. On the 30<sup>th</sup> your ruling planet the Moon enters your 5<sup>th</sup> house of creativity. You may require space to allow you to gain perspective on a current situation.

**♌ Leo July 22-Aug. 22** The Moon is in your 9<sup>th</sup> house of journeys and higher learning on the 15<sup>th</sup>. Desire for progress and development is highlighted under this alignment. On the 27<sup>th</sup> your ruling planet the Sun teams up with mental Mercury. You develop a well-defined image of your worth and perceive how you are creating an original impact.

In 1600, Johannes Kepler moved to the town of Benatek, Bohemia in the modern-day Czech Republic. Tycho Brahe, the Imperial Mathematician to Emperor Rudolph II, had constructed an observatory there where he performed some of the most rigorous celestial observations that had ever been conducted until that time.

Working with Brahe, he eventually gained use of Brahe's meticulous records. With this new data he concluded that the solar system's planets do not follow circular paths as previously asserted by Nicolas Copernicus, but instead follow elliptical paths.

In 1610, Kepler heard the news that Galileo had discovered four Moons orbiting Jupiter using his powerful and advanced new telescope design. Kepler improved the design using two convex lenses instead of one, which enabled greater magnification. Kepler's design is still the standard for modern refracting telescopes. Kepler's work provided the foundation for Sir Isaac Newton to discover the law of universal gravitation. When Newton said that he had been able to see further by standing on the shoulders of giants, one among many giants he was referring to was most certainly Johannes Kepler. Have a great month, and always remember: Keep looking to the stars!

## Tips for Teens

(And a little help for the rest of us!)

### Choose to be Grateful - It Will Make You Happier

Don't get me wrong. I'm not one of those super cheery people bubbling over with niceness. I've had plenty of frustrations and disappointments in my life. I've felt sad, lonely and depressed at times, just like everyone else. But I learned a long time ago that what I focus my attention and energy on is where my emotions and state of being will be focused. Who wants to be stuck in depression and sadness all the time? I'd rather deal with my problems and move on. Most of the time it's fairly easy. But sometimes moving on can be really hard or take a long time.

Below are three tips to help you choose to be grateful:

Look around you. Can you come up with at least three things you are grateful right now? Be esoteric (the sky, the redwood trees), or be specific (I finally got that smartphone I've been wanting!). What about living in the amazing state of California and not having to shovel snow every winter?! (After two winters in Wisconsin, I am very grateful to winter in California!)

Think about the people in your life. Can you name at least three people you are grateful for? Parental units (watch *Coneheads* movie), friends, a favorite aunt who sneaks you candy at the holidays?

Look inside yourself. Can you name at least three things you are grateful for? Let them be deep or superficial. Maybe you're really good at math. Or you're just having a great hair day! Feeling down because you got a big fat F on your last test? This is a stretch, but spin it around and be grateful that you are able to even go to school. Now be grateful that you know what you need to work on more. Maybe you're having such a horrible day that it's all you can come up with. Focus on the gratitude.

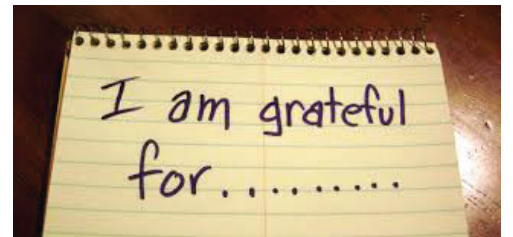
I've found that the best time to count my blessings is right before I go to sleep (promotes restful sleep), first thing in the morning (sets a great tone for the rest of the day), or when things aren't going well (pulls you out of further negative thoughts).

Remember, tomorrow is the first day of the rest of your life, make it count!



Marnie Defosset  
Experiential Life Coach  
Certified NLP Practitioner  
Marnie.scmbulletin@gmail.com

If you have any topic requests or suggestions, drop me a line at the email above.



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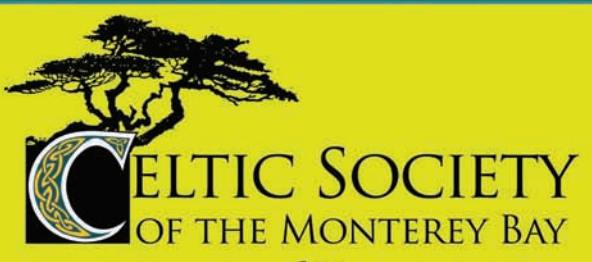
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## BLACK LIVES MATTER CONTINUED . . . . .

way they treat themselves and each other regardless of race, gender, religion, and sexual orientation. I see parents treat each other in the same way and am very proud to be part of this community. My daughter is seven, and I hope that when she grows up, I won't have to explain racial issues to her and how she should behave around local law enforcement compared to her blond-hair, blue-eyed friends."

Rachel: "There is a Confederate flag flying along Highway 9, how does that make you feel?"

Michelle: "I lived in many states, but I like California the best because of its diversity. This does not mean that we do not have racial problems. When I was 13, my neighbor told me that I will go to hell because I didn't believe in God. I believe in Chinese-Buddhism. When I was 15, I had kids throw rocks at me and called me a "ni—er." When I was about 25 or so, I had a customer tell me to "go back where I came from." I learned to ignore the stares and not let it bother me. I learned to not let the Confederate flags hanging in our town bother me."

This is a continuing conversation that I think our community and the world needs to have. So I end this article with these words of wisdom from Michelle: "I praise my husband being the brave man that he is to put up with all the baggage that comes with being an interracial couple. I'm used to the stares and the snickers, to the point that I'm truly oblivious to it all. My husband sees it and is brave enough to speak up about it, defend me against it, and love me still. Black Lives Matter because there is still inequality in all aspects of life from education, employment, and social status."

If you are a minority and live in the Santa Cruz Mountains I would love to interview you and add your voice and story to what I hope will be an ongoing dialog. Feel free to email me at Rachel@MountainBulletin.com.



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## The Recipe Box

I would like to share a little about my cooking style with this first recipe from Quail Hollow Kitchens. Growing up the child of a farmer, we were taught to use what ingredients were on hand. Over the years, many people have commented that they don't know what to do with their quince fruit. We are blessed to have this heritage fruit growing along roadsides and tucked in the yards of many San Lorenzo Valley residents.

The quince is similar in appearance to a pear, and is golden yellow when mature. The quince is aromatic and possesses a unique flavor combination of pear, apple, cinnamon and nutmeg all in one. Quinces are not usually eaten raw because they are tannic and sour before cooking. The quince has many health values including a high level of antioxidants, so it is worth including in your diet. It is high in dietary fiber and great for the gastrointestinal system. The first recipe I share below is delightful and is a holiday favorite. It does take some time to prepare. This is a recipe for quince cheese (or quince paste).



Quince cheese from Quail Hollow Kitchens

### Quince Cheese

1 to 2 pounds quince, roughly chopped  
Water  
Granulated sugar

Leave skins on, core the fruit, and chop the quince flesh. Place in a stainless steel pot and just cover with water. Simmer for about 1 hour and cool. Push quince through a metal strainer or food mill. Measure puree and add equal amounts of sugar by volume. Add this mixture back to the pot and cook until it is thick and glossy. Pour into a parchment lined pan and set into the back of your refrigerator (or root cellar).

Store the fruit covered with parchment 4 to 6 weeks until firm. The cheese is ready when it holds its shape. Include this paste on cheese platters or serve on toast. Consume within a year. A little tip for gift giving: you can pour this mixture into parchment paper-lined molds and cover with melted food-grade paraffin as a unique gift and package.

Enjoy Quail Hollow Kitchens recipes all year! Comments or suggestion are welcomed. Contact Patricia Davis at TheRecipeBox@QuailHollowKitchens.com.

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# Art & Music

A look at the local art scene in SLV

## On Spirit Wings - Medicine Road



Pablo Eagle used to ride his motorcycle through the Santa Cruz Mountains regularly. For some reason one day he took his pickup. It was a beautiful day for riding, warm and dry, with no wind at all. A motorcyclist with a woman on the back passed him. "God, I wish I was on my bike," he thought, just man and bike riding free. "Suddenly a branch as big as a small tree landed right in front of me." It was almost like he'd had a spiritual vision. "I look up... It made me think about the drought...I'd seen it coming." Another motorist stopped to help but wound up mostly watching. "All the adrenaline was in my body, and I just picked the damn thing up - I was holding it like 'this' in my arms - and I threw the log. Had I ridden my bike...it spooked me. Now I don't ride so much."

As singer/songwriter for Boulder Creek based band, Medicine Road, he believes in healing through music. Joined by Dave Kerrey (vocals, drums), Jonathan "Skippy" Shered (background vocals, bass), and Tom McQuillen (background vocals, lead guitar), Medicine Road "spreads the love of life and healing into the wind so that brother wind will carry the healing tune all over the world."

Primarily a guitar player and lyricist, Pablo Eagle pays homage to his Yaqui/Mayan roots by adding flute to the Medicine Road sound. "When I picked up the flute, I was amazed I could play it...it was a natural thing." They decided that the flute was going to rule. He remembers one show, "I was playing notes I didn't know my flute could play. I was playing through my nose, through my throat, I was flying around...it was an out of body experience. People were coming out of the crannies...I don't even know where these sounds were coming from. We blew that place away."

Medicine Road just played the annual Santa Cruz Mountain Art & Wine Festival where he said, "Kids were dancin', people were listening, and the earth felt happy!"

The music is groovy psychedelic rock jam laced with a haunting Native American sound reminiscent of the music of R. Carlos Nakai. Medicine Road plays mostly original material that is centered on musical healing and positive energy. "We feel our music is good medicine for the heart, soul, and body. Praise for the beauty of nature." Their song, Earth in the Key of A, is like envisioning a rainforest and bringing everyone into it.

"Our goal is to heal with the music. Through the music and through the lyrics. We put out ideas of the pain of the problem - 'this' needs to be fixed." It becomes a recycling of negative energy, he points out, turning it around into positive and "healing as you go." "That's what I do with the music. If we can't heal ourselves, who can we heal?"

Pablo Eagle has been making music in Boulder Creek forever. He lived in a rented room at the Rainbow's End back when and remembers asking his landlord, "Are you sure you don't mind if I play music? She said, 'I love rock and roll and my husband's deaf.'" He describes how he wrote, Boulder Creek Mama, a song that has become a Medicine Road anthem: "I wrote it 25 years ago at the Junction before it was a park. There was this beautiful young lady in a bikini... she was about to jump off a rock...I was inspired." The girl who was Boulder Creek Mama worked at Johnnie's. He asked her if she wanted to come see his band. She said no. He said, I wrote a song about you. She said she was flattered but that was alright. He said, do you have a boyfriend? She said, yeah, kinda. He never saw her again but the song lives on. "We always end our shows with it because it drives everyone crazy, gets people dancing."

His grandfather used to sun dance and sing to the sun. Now Pablo Eagle and Medicine Road are part of Native American Heritage festivities at Foothill College. "I will always stand up for Native people. We just got Obama to call off the Keystone project. Now there's the Dakota pipeline." He feels he has an obligation to Native peoples...to stand up against those who are "always messing with indigenous people." He has strong opinions about cutting down our redwood trees, too. "Everything is a catch-22. If it's alive, it has a positive and a negative aspect...and there's the grey area where we're trying to bring people to the positive side." He wants to give people a positive example through his music.

"In Native American heritage, you have two types of people: Those who follow the red road, and those who follow the black road of negative extremes. Red road people have positive energy, they're not putting people down, they're building things. We want to help the people in the grey area. Medicine Road is the healing road."

"I've been Medicine Road for a long time. I want to do it 'til I die. We're still a young band...we've reared our head around...we're ready to take off. Our smoke signals are out there."

Medicine Road plays the Blue Lagoon, Santa Cruz on Wednesday, Sept.23.

[www.reverbNation.com/medicineroad](http://www.reverbNation.com/medicineroad) | [www.facebook.com/medicine.road.band/](http://www.facebook.com/medicine.road.band/)

## PROPOSED FLIGHTPATH CONTINUED . . . . .

McPherson's and Congresswoman Eshoo's districts. Low flying DAVYJ vectored planes would severely impact Supervisor Ryan Coonerty's district and the path itself would impact the City of Santa Cruz.

The irony is that the FAA is a \$16.4 billion organization with thousands of credentialed aviation experts. Yet, laypeople hoping to remove a flight path from over their homes were allowed to design a new flight path over other communities. That new flight path, DAVYJ, over SLV and Santa Cruz, is currently being vetted by elected officials with limited aviation knowledge, who will then submit recommendations to congressional representatives with even less aviation knowledge, who were misled into believing it was a regional solution when it is not.

Website: [www.sanlorenzovalley.info/](http://www.sanlorenzovalley.info/) Facebook: [www.facebook.com/flightpathfacts/](http://www.facebook.com/flightpathfacts/)

Petition: [www.change.org/p/faa-stop-the-quiet-skies-norcal-proposal-which-seeks-to-move-an-sfo-flight-path-to-sc-slv-sv](http://www.change.org/p/faa-stop-the-quiet-skies-norcal-proposal-which-seeks-to-move-an-sfo-flight-path-to-sc-slv-sv)

Join the meetings: [flightpathfacts@gmail.com](mailto:flightpathfacts@gmail.com)

Additional contributors: George Wylie, Nancy Gerdt, Glenn Lyons, Roz Alley, Alastair Fyfe, Jacqui Rice, Beth Carlisle, Terry Hollenbeck, Thomas Andersen,

## SCM CONCERT CALENDAR

### **lille aeske**

13160 Highway 9, Boulder Creek  
[www.lilleaeske.com](http://www.lilleaeske.com)

**Chris Doud + Tom VandenAvond**  
Saturday, September 17 - 8:00 pm

**The True West**  
Friday, September 23 - 8:00 pm

**Matt the Electrician**  
Sunday, September 25 - 8:00 pm

**Ghost Train**  
Saturday, October 15 - 8:00 pm

### **Joe's Bar**

13118 Highway 9, Boulder Creek  
[www.joesbc.com/events.html](http://www.joesbc.com/events.html)

**Pacific Kings- Friday, September 16 - 8:30 pm**

**Blackwater Station-Sat., Sept. 17 - 8:30 pm**

**Dr.Mojo- Saturday, September 24 - 8:30 pm**

**George Haegerty- Friday, Sept. 30 - 8:30 pm**

**Trout Leg- Saturday, October 1 - 8:30 pm**

**Funk the Mighty- Friday, October 7 - 8:30 pm**

**One Leg Rooster- Saturday, October 8 - 8:30 pm**

**DMR- Friday, October 14 - 8:30 pm**

**Aftershock- Saturday, October 15 - 8:30 pm**

### **Celtic Society of Monterey Bay**

Tickets- [www.celticsociety.org](http://www.celticsociety.org)

**The Outside Track**  
Wednesday, September 28, 2016-7:30 pm

**William Coulter, Edwin Huizinga & Tomaseen Foley**

Sunday, October 2nd @ 7:00 pm  
(House concert, Santa Cruz, CA. 831-566-2081)

**Archie Fisher**  
Wednesday, November 9th 2016-7:30 pm

To have your event added to the SCM Bulletin Concert Calendar, Contact us - [bree.scmbulletin@gmail.com](mailto:bree.scmbulletin@gmail.com)

# The Road Home Begins With Us...

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**\$95,000**  
**Waterman Gap**  
 4.5 acres - Boulder Creek  
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 • Or use as weekend retreat  
 • Call for details



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**Whimsy Woods ~ 2 Acres BC**  
 • Close to Town  
 • Possible SLV Water Service  
 • Priced to Sell  
 • Surveyed



**\$193,000**  
**Amber Ridge**  
 10.9 Acres ~ Boulder Creek  
 • Close to Town  
 • Gated, Private Road  
 • Sunny Cleared Area  
 • Owner Financing Available



**\$190,000**  
**Bloomgrade ~9.7 Acres**  
 • Boulder Creek  
 • Gorgeous views - Full sun  
 • Diamond in the Rough  
 • Call for Your Own Private Showing



**\$169,000**  
**Forest Hill**  
 0.245 Acres ~ Boulder Creek  
 • Sunny lot in Bear Creek Estates  
 • Expired building permit  
 • Pre-development work completed  
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**\$829,000 ~Coming Soon**  
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[www.donnerland.com](http://www.donnerland.com)

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 Local Artists • Tarot Readings by Emelia

Events at Air and Fire • September - October  
 Made in the Mountains • Gloria Doi • 9/17 Sat 5pm-8pm  
 Mystic Saturday • Wands 1 • Siwa • 9/24 Sat 12:30-2:30  
 Natural Magick Course • J'té • 9/28 thru 11/2 Wed 7pm - 9pm  
 1<sup>st</sup> Fri Art Walk • Linda Mastrangelo • 10/7 Fri 6pm-9pm  
 Mystic Saturday • Wands 2 • Siwa • 10/8 Sat 12:30-2:30  
 Made in the Mountains • Kim Brandt • 10/15 Sat 5pm-8pm  
 Mystic Saturday • Divination • J'té • 10/22 Sat 12:30-2:30  
 Halloween Parade • Oct 31<sup>st</sup> • Monday 5pm-7pm